



Women's Work: Cross Cultural Community Building

March 2024 Diversity Dialogue

Domestic Violence & Sexual Assault Crisis Line: 800.441.4073

 &  YWCA Northeast Indiana  @ywcanein  @ywca_nein

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Heather Guy

Racial Justice Coordinator, YWCA Northeast Indiana

Heather received her B.A. and M.A. from Indiana University. She has primarily worked as a youth professional in various capacities and has experience with all stages of development, from infancy to returning adult college students. Heather is especially passionate about empowering First-Generation college students and First-Generation Americans. As YWCA's Racial Justice Coordinator, she is excited at the opportunity to be of service to intersecting communities in need.

"It is a blessing to be someone's blessing."



Diversity Dialogue Group Rules

To facilitate an open and honest discussion, we abide by these rules at each of our diversity sessions:

1. Become humble in the name of learning.
2. Be open to new ideas.
3. Give everyone a chance to speak; one person talks, all listen.
4. Attack the problem, not the person.
5. Respect the confidentiality of the personal views and stories shared during this experience.

YWCA Northeast Indiana is a nonpartisan organization. It does not support or oppose any candidates for public office in any election, nor does it take a stand for or against a political party. The views and opinions expressed during our Diversity Dialogues do not necessarily reflect YWCA Northeast Indiana.

Level Up Council

We believe that our community can only truly prosper when each member is accepted, supported, and valued.

YWCA Northeast Indiana is taking deliberate action to educate, empower, and unite people through programs designed to create inclusion and build racial equity.

Our vision is to help our region become the equitable place we know it can be

It's time to Level Up Northeast Indiana.



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Good Afternoon

Julie Sanchez

Expert Business Solutions LLC



Phone: 260-760-2990

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Julie Sanchez

- **Loving wife, devoted mother, social advocate, business owner**
- **Executive Coach, Leadership and Professional Development Training**
- **Speaker**



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YWCA DIVERSITY DIALOGUE

- **Racism Causes Injury.**
- **What is Energy Leadership coaching anyways?**
- **What Does Your Voice Sound Like?**

YWCA DIVERSITY DIALOGUE

I'm A STRONG
Black Woman!



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Anabolic vs. Catabolic Energy



“Respond from a place of
POWER instead of *injury*”

-Julie Sanchez

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“I can do things you cannot,
you can do things I cannot;
together we can do great things.”

-Mother Teresa

Clydia Early

Owner, BIPOCA Incubator and Gallery

“Black creatives have faced the pressures of feeling like they had to produce certain types of artwork...Art that was ‘safe to create.’ I now see Black artists being true to who they are and what they choose to produce works of art.”



Rebecca Reeder

Rebecca Reeder retired in 2009 from 27 years of teaching in Southwest Allen County Schools.

Since then, she has served as a mentor teacher for more than twenty summer institutes for the Center for Civic Education, and was the director for both state and national professional development summer programs. She has traveled to Macedonia, Malawi, India, Thailand, and Armenia to train teachers in civic education strategies. In addition to her work with civic education, Rebecca has been an instructor for masters level teaching courses at IPFW, worked as the Education Program Director at the Embassy Theatre, and is currently contracted with the Center for Civic Education as the coordinator of a national competition.





Get Involved with YWCA Northeast Indiana

Speak Your Truth

A coffee shop mic night to empower survivors of sexual assault

April is Sexual Assault Awareness Month. Join us as we support and uplift individuals who are sharing their survivorship and strength through various art mediums.

Coffee, tea, and pastries will be for sale for your enjoyment and proceeds will go to Blue Jacket.

Attendees and participants are also welcome to contribute to the Clothesline Project which will then be displayed in Fort Wayne

**Friday, April 12th from 6-8pm
at the Tall Rabbit Cafe + Community**



Race Against Racism 5K Walk/Run

Join us for the 2024 Race Against Racism 5K Walk/Run on **April 27, 2024** at PFW.

The theme is "Ally Up!" and we will focus on building allies to help shape our community's youth, creating a more inclusive future.

Follow our "Couch to 5K" Training Plan!

Adults: \$40, Students (ages 15-23): \$20,
Children 14 and under: \$10. Early-bird
pricing ends March 31, so sign up today!

Learn more on our website: ywcanein.org/5k



Sign up for Racial Justice Emails

Subscribe to receive monthly emails containing our "Are you an Ally?" blog posts, upcoming events, and YWCA Northeast Indiana's racial justice updates.

Use the QR code to sign up.



Schedule a Racial Justice Training

Diversity 101 Training for Businesses:

This interactive two hour training can be customized for your organization. This presentation looks at key terms, issues, implicit bias and provides resources for diversity within your workplace.

C.A.R.E. Workshops

C.A.R.E (Cultivating Allyship and Racial Equity) is a series of four workshops that is created to encourage racial literacy at individual and organizational levels. C.A.R.E. expounds upon the lessons of Diversity 101 by incorporating self reflection and social awareness activities.

Find more information about our trainings on our website:



Save the Date for our Upcoming Diversity Dialogues

June 13, 2024 – For a Better Future

For our children, learning does not happen only inside the classroom. This month's topic will explore the resources our community offers in aiding the mental, emotional, and social development for our children.

August 22, 2024 – Nurturing the People

Recognizing that some communities in need experience gaps in accessing care and services, we will examine the work of those who work to provide supplemental forms of nourishment in our community.

November 14, 2024 – Community Centered Care

The identity of communities are changing. Individuals and institutions often struggle to adjust. This month's dialogue will highlight the work of community agencies and how they have adjusted to our community's ever-changing needs.

Please donate to support our work!



YWCA Northeast Indiana is a nonprofit organization, funded by generous donors like you. Donations fund our life-changing programs as well as our community events so that we are able to offer these for free. Please consider a gift today. Every dollar matters.

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Thank you to our Guest Speakers!



Julie Sanchez

Clydia Early

Rebecca Reeder

Sister 2 Sister

Thank you to our event partner:





Thank You!

For more information about Racial Justice work at YWCA Northeast Indiana,
contact **Heather Guy** at 260.424.4908 ext.126 or hessex@ywcaerew.org.

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