

# ANNUAL REPORT 2019

Empowering  
individuals,  
supporting  
families, and  
uniting  
communities to  
improve the  
quality of life.

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Northeast Indiana



# HOPEFULLY YOU'VE HEARD...

YWCA Northeast Indiana celebrated 125 years in 2019. We were founded in 1894 as a safe place for working women to meet. In the early 1900s, YWCA Northeast Indiana served as both a residential and meeting place for working class women in Fort Wayne. In the following decades, we adapted to meet the changing needs of the community, whether that involved establishing a community pool and health center for women, acting as a liaison for servicemen's wives during WWII, or offering the first black history class in the area.

In 2019, YWCA Northeast Indiana continued to adapt, having integrated the programs absorbed from the Women's Bureau in 2018—Harriet House, sexual assault services, and Dress for Success. We also established a lead case manager for children and youth to ensure they receive the support they need while their families are pursuing healing as part of our domestic violence services or addiction recovery services.

Our historic dedication to Northeast Indiana has established today's YWCA as a strong agency, with consistent financial support from the community and incredible staff who are passionate about the work they do. As we look forward to 2020, we are excited about new funding opportunities that will allow YWCA Northeast Indiana to expand certain program areas, ensuring that our legacy of meeting the needs of our communities will continue for another 125 years.



Paula Hughes-Schuh  
CEO

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# BOARD OF DIRECTORS



Kathy Lytal

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# 2019 STATISTICS



- **362** adults and **274** children served through our domestic violence crisis shelter
- **20,900** nights of safe shelter
- **95%** of clients completing an exit survey stated they had learned new ways to protect their safety and felt they had an increased sense of hope for their future
- **331** adult DV victims were served in our service area who were not in need of emergency shelter but still needed support and connection to resources
- **91** women were enrolled in our Hope & Harriet addictions treatment program, and **37** graduated from our program in 2019
- YWCA Northeast Indiana also met CARF's stringent quality standards that are recognized internationally for Addiction Recovery Services as well as several additional service areas

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# 2019 STATISTICS



- **108** victims of sexual assault cumulatively received 922 hours of free therapy through our sexual assault services
- **119** women received professional clothing and job search support in our Dress for Success® program
- **7,255** individuals were engaged in our youth and adult community education programs about diversity and domestic violence, which includes **278** presentations to **6,389** youth in over **33** schools
- **2,468** calls to our 24-hour domestic violence and sexual assault crisis line
- Partnerships with over **50** local organizations to better serve our clients
- **41** community engagement events that fostered conversation between **1,374** individuals
- We also have the best volunteers who have donated **4,480** hours of their time to our mission

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# INCOME REPORT

GOV. CONTRACTS	\$1,024,882
GOV. GRANTS	\$757,624
FOUNDATION GRANTS	\$598,500
GAIN ON INVESTMENTS	\$545,117
TRUST & ESTATE DISTRIBUTIONS	\$340,386
SPECIAL EVENTS	\$162,672
PROGRAM FEES	\$141,737
UNITED WAY	\$125,007
INVESTMENT INCOME	\$92,314
CONTRIBUTIONS	\$83,578
MISCELLANEOUS	\$3,119

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**TOTAL:**

**\$3,874,936**

# EXPENSE REPORT

HOPE & HARRIET	\$1,172,735
SHELTER FOR DV VICTIMS	\$1,065,443
COMMUNITY OUTREACH	\$204,745
STEPS TO SUCCESS	\$185,854
EDUCATION	\$121,195
SEXUAL ASSAULT PROGRAM	\$105,943
DRESS FOR SUCCESS	\$72,527
RACIAL JUSTICE	\$18,071
ADMINISTRATION	\$439,508
FUNDRAISING	\$221,872

**TOTAL:**

**\$3,607,893**

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# CIRCLE LUNCHEON

Circle is a fundraising event held to support YWCA Northeast Indiana's growing domestic violence services and programs.

## TOTAL REVENUE

**\$126,030**

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# BRIDLE, BITS & BOURBON

BBB is a fundraising event held to support YWCA Northeast Indiana's growing Addiction Recovery Program, Hope & Harriet.

**TOTAL REVENUE**

**\$42,465.29**

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# PROGRAM OVERVIEW

HOPE & HARRIET

DOMESTIC  
VIOLENCE

SEXUAL ASSAULT  
SERVICES

CHILDREN'S  
SERVICES

COMMUNITY  
EDUCATION

DRESS <sup>®</sup>  
FOR SUCCESS

GOLDSTEIN  
FAMILY  
SCHOLARSHIP

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# HOPE & HARRIET

Hope and Harriet - An intensive residential treatment program in a sub-acute medical facility for women 18 years and older. This program specializes in family reunification and the pursuit of recovery from chemical dependency. Hope House is designed for single women without children or those not able to see their children. Harriet House is designated for women with children and women who are nearing reunification with their children. This program is focused on parenting skills in addition to recovery from chemical dependency.

This program is partially supported by grants from The Lutheran Foundation and the St. Joseph Community Health Foundation.

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THE **Lutheran**  
**Foundation**

 *The* **ST. JOSEPH**  
**COMMUNITY**  
HEALTH FOUNDATION



# DOMESTIC VIOLENCE



## CRISIS SHELTER

We provide 24/7 emergency shelter and basic needs for families or individuals. We also help those escaping domestic violence develop personal safety plans, identify their needs, and connect to community resources to move them from crisis to stability. There are a variety of additional supports available, including assistance with housing, finances, children's needs, and more. In 2019, we piloted a special services approach by adding designated staff leaders in several high-priority areas: nutritional services, children's services, and environmental services. We have observed great improvement in the functioning of these areas and in the stability and peacefulness of the residential programs as a result of these changes.

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# DOMESTIC VIOLENCE



## COMMUNITY PROGRAMS

Personal support for those experiencing domestic violence in our six-county service area provides connections to resources, safety planning, help with protective orders, and relationship education.

## STEPS TO SUCCESS

Community-based support is available to survivors to help them move forward after domestic violence. Support is offered with goal setting and becoming economically, emotionally, and physically healthy.

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# THERAPY SERVICES

YWCA Northeast Indiana has therapists ready to provide counseling services for our clients receiving domestic violence and addiction recovery services, but also for those who are in need of sexual assault counseling.

Individuals in need of sexual assault counseling can call our 24/7 crisis line and receive free counseling services.

Domestic Violence &  
Sexual Assault Crisis Line:  
**800.441.4073**

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# CHILDREN'S SERVICES



Our Child Specialist develops programs and activities designed to increase parenting knowledge, decrease risk for child abuse or neglect, increase emotional management for children, and normalize family relationships after trauma. Our Child Specialist is trauma-informed and works with the children staying with us through our domestic violence crisis shelter and Harriet House.

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# COMMUNITY EDUCATION



Adult programming about domestic violence and diversity is offered to social service providers, faith groups, parents, and other adult professionals. This program also provides youth programming about healthy relationships to youth in grades 4–12 in over 30 schools throughout our six county service area. For elementary and middle school students, “Digital Boundaries” and “Don't Be a Digital Bully” provide education on cyber-bullying, sexting, and social media usage. “Eyes Wide Open...relationship awareness©”, our high school curriculum, is certified under Heather's Law and was written by YWCA staff. “Eyes Wide Open” is a three-day program that covers healthy versus unhealthy relationships, boundaries, and resources for someone who may be in an unhealthy or abusive relationship.

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# DRESS FOR SUCCESS®

This program suits women for job interviews and court appearances. The Dress for Success® Fort Wayne career center helps women develop their resume, practice for interviews, and search for a position. Each woman receives five outfits once she has secured a job.

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**DRESS FOR SUCCESS®**  
FORT WAYNE



# GOLDSTEIN FAMILY SCHOLARSHIP

Launched in 2019, this scholarship program helps women survivors of domestic violence improve their self-sufficiency and quality of life by completing higher education.

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# SUCCESS STORY



## MICHELLE

In 2019, Michelle was one of our 37 graduates from our addiction recovery program. We thought it best to let Michelle share her story, as only she can. In this short video, you will hear how she came to Hope House broken—mentally, physically, and spiritually. After 21 years of drug use, she felt hopeless, helpless, and wanted to die. Learn how Hope House helped Michelle on her road to addiction recovery.

[View Michelle's video here.](#)

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# THANK YOU

We want to thank all of our event sponsors and financial contributors. Without your investment in YWCA Northeast Indiana, we would not be able to provide our services to our community. We thank you for helping us provide life-changing services.

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